



**OMONKHONA IN BOYSUN DISTRICT OF SURKHANDARYA REGION TOURISM-
HEALING SHELTER**

Djurayeva Lobar Vohidovna

Toshkent viloyati Chirchiq davlat pedagogika instituti

Geografiya kafedrası katta o'qituvchisi,

E-mail: l.djurayeva@cspi.uz

Abstract

Information on the development of recreational systems in Boysun district of Surhandarya region in this article quoted.

Tanch so'zlar: rekreatsiya, , turizm, spa zona, shifobaxsh suvlar, buloq, balchiq, iqlim, davolanish
Tourism is known to be one of the main serdaromad sectors of the economy. Tourism and recreational activities have greatly improved their economy as a result of the continuous influx of tourists from some developed countries. A number of measures are also being taken in our country to improve this area. In particular, the Republic of Uzbekistan. The Cabinet of Ministers decides to improve tourism safety in the province of Surkhandarya, introduce tourists to the unique historical, cultural and architectural monuments of the region, smoothly develop modern tourism infrastructure and improve the quality of tourism services provided, activate domestic tourism, create new jobs, and encourage population income growth

The resolution developed a comprehensive program of measures for tourism development in the Surkhandarya region in 2020-2021. According to him, in the province of Surkhandarya, modern clinics are being established to diagnose and treat various specialized diseases, and a number of decisions have been made on the development of medical tourism. To increase the visit of the people of neighboring countries to the province of Surkhandarya in strict compliance with sanitary and epidemiological requirements . Plans have been developed to protect the archaeological monument of Ox Alexandria (Kampirtepa), located in the province of Surxondary, to develop its infrastructure, and to transform it into a tourist attraction, to protect the "Koratepa" and "Fayoztepa" monument in Thermal, Surxondary, and to visit the "Dalvarzintepa" monument in Shoorchi, to build its territory, to improve its infrastructure, and to visit visitors. A number of measures are also being taken in our country to improve this area. The decision on additional measures to preserve the natural resources of the Omonkhona-recreation zone and improve the rest and wellness system emphasizes the development of a recreational base in the region. To assist individuals desiring to benefit the worldwide work of Jehovah's Witnesses through some form of charitable giving, a brochure entitled Charitable Planning to Benefit Kingdom Service Worldwide has been prepared. published about the history of Zarautsoy in order to introduce the younger generation extensively.

It is worth noting that the application of experience and implementation of foreign countries in the innovative development of recreational complexes in our country will further promote this area.



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(Matthew 24:14; 28:19, 20) In most developed countries, the introduction of recreational activities began earlier than in developed countries, where they gained a wealth of experience in this area. The use of the experiences of these countries in further development of the republic's recreation, the use of them in the organization of recreational services, is one of the most important tasks of our day.

Today, the Turkish state has become the country with the largest number of tourists among European countries. The main resort-recreation zone of the Turkish state is the Black Sea. This area is distinguished by the wealth of its recreational resources among the resort zones of the world. Here, first of all, the ease of climate for human health attracts many recreants. Also in this country are the availability of sandy beaches (beaches) of healing nature in such areas as the Marmar Sea (Bursa, Istanbul tourist center), the Aegean coasts (basement and Marmaris settlements), and the shores of the Mediterranean Sea

The region consisted mostly of high, sparsely wooded stone measuring two to three inches [5 km] south of the republic. There are many unique - healing facilities in this province. In the northwestern part of the surkhandarya region is the district of Boysun. The region consists mostly of high, sparsely wooded deserts. In some places, when affected by winter frosts, in some places the tree blooms and the breath of spring is noticeable. There are pilgrimages, restrooms, and sanatoriums in this district: the fog and cave of ammonia. Recreation and wellness house - "Ammonia" sanatorium. The village of Omonxon is located about six miles [6 km] east of Boysun in the province of Surxondary, on the sixth mile [6 km] of the main highway leading to the Shurchi district. According to locals, the history of this village dates back to the 14th century. In the 14th century, Governor Balogarov, the king of Hazrat, who came from Thermal to Omonxon, told of his arrival in what is now Ammonxon in search of water for stone. he pierces the tip of the divine stick in his hand on the surface of the stone standing on it. When he took a stick from the rock, clean water came out of it. Today, this spring is known as the Great Fountain.

Located in the Boysun district of Surkhandarya, the "Omonxona" sanatorium is famous for its beautiful building, comfortable conditions and beautiful views, and natural healing water. Here patients not only treat various diseases, such as the gastrointestinal tract, diabetes mellitus, cardiovascular disease, liver, gallbladder, but also enjoy fresh air and an excellent atmosphere. The sanatorium is famous for its healing waters from a mountain fog near the sanatorium. Here the water is rich in useful trace elements that have characteristics of assimilation, diuretics and lower blood pressure. The "Sihatgoh" sanatorium has 50 seats and improves the health of more than 700 people every year. Four or five meters above the famous healing spring is a deeper cave called the Omonhana Cave. The mouth is much narrower—it is harder for a person to do so. The total area of the cave is 50-60 square meters. The distance from the bottom to the ceiling is two to four meters. The interior of the cave practically does not change in the summer, the temperature is much lower - 5-6 degrees. This season lasts at least five months. in winter, the air temperature inside the cave rises to 20 degrees Celsius. According to eyewitnesses, their ancestors have used the cave for many centuries to preserve food that will be ruined in the heat of summer. The inhabitants of the villages of Tangimush, Sarikamish, Pudina, Yarkishlak, Pulkhokim, Kofirin, and Ajrim kept their food in the cave. Perhaps because of this, the locals call the cave "safe-hona". The village of Omonxona is located 16 km (16 km) from the center of the Boysun district, among



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the mountains. It is surrounded by dark archaeological sites and has a profound effect on the human spirit with its geography, beautiful landscapes, and values. Ammonia is famous for its healing water coming out of the mountain springs around the dining room. Running water contains sulphate, magnesium, nitrogen ions, as well as silicon acid, iron, aluminum, and macroelements. Water is taken up through the lining of the womb, a watchman on a tower saw "the heaving mass of Jesse." Water is taken up through the lining of the entity used by Jehovah's Witnesses in your country. This type of treatment involves cupbearing, which is much more advantaged than modern medicine. In order to make the most of this facility, with the help of the JSC "O'zbekiston temir yo'llari" society, a modern modern hospital was established. Patients with gastrointestinal, blood diabetes, cardiovascular, liver, grass, and spinal cord diseases are being cured in the healing area. Experts believe that spring water rich in vitamins and minerals has the ability to treat the human body, especially the liver and the pathways of the fire bubble. The facility is designed for 160 seats, where more than 700 healers will be healed for a year. The duration of treatment and rest is 10-15 days.

(Matthew 24:14; 28:19, 20) Today, the healing facility treats heart, nervous, gastrointestinal, respiratory organs, organs, and urological diseases. There are also physiotherapy, readership, sauna, inhalation, paraffin, water treatments (circular shower, "sharko", rainy underwater shower massage, bathroom), stamatology, salt room, physical education room, and treatment rooms with cocaine. During the "Year of Elderly Education," the institution developed a separate event and implemented plans to strengthen the health of 450 elderly people.

In the mountainous region, there is another miracle of nature. Located not far from the spring, the cave is called by locals as the Ammonia Refrigerator. From the cave hole, the human body is slightly compacted. The height of the cave is 3.5 m, and the total area is 60 square meters. Locals estimate that in the summer chill, temperatures inside the cave would be 5-6 degrees Fahrenheit [-6°C] cold and 20-25 degrees Fahrenheit [-20 to 25 degrees Celsius] in winter. So people keep their yolks in this cave.

As Uzbekistan gained independence, it established its main goal in building a community based on a market economy. Tourism is also one of the leading industries in this work. Tourism is not only a study of the past, familiarization with other peoples and nations, enjoyment of their cultural heritage, but also great business. Experiments have shown that educating about the history of tourism, its main areas, types, categories, tourist services, and all issues related to tourism science in general is even important to describe and classify each of the concepts and terms related to tourism. Tourism is now popular in many countries of the world. Based on world standards, there is also a special emphasis on tourism in our country. Based on the above-mentioned information, it can be concluded that in each region of the Republic of Uzbekistan it has every opportunity to develop tourism in its own directions. It should be noted that the surkhandarya region ranks much higher than the rest of the region in terms of development. One of the main lessons in this is that it is located in a convenient geographical location and has a long glorious history. Additional measures are being developed to develop ecotourism in areas where nature is beautiful and beautiful, and tourism is being visited at the addresses of historical steps. To illustrate: Imagine that a man who is closely watched on a variety of ways that scientists are taking



a look at the source of the history of the world. Therefore, separate programs are being implemented gradually to bring tourism safety to a new phase in the region.

It is noteworthy that much work, events, and reforms are being undertaken to improve the tourism industry in the province of Surxondary. For example, government resolutions are being made to encourage an increase in the number and quality of tourist resorts, accommodation facilities, and air, railway and other types of transportation services. Despite efforts to conserve and restore cultural heritage sites in the province of Surxondary, to build, to organize public entertainment events for tourists, to improve the quality of service in hotels, and to build modern infrastructure facilities, a number of problems are being seen. We tested; To further develop tourism in the province of Surkhandarya, there are first shortfalls in the region, such as infraction objects, the introduction of roads, roadblocks, advertising banners, and modern communications services. To overcome such problems, it would be appropriate to do the following.

- Establish effective mechanisms for financial economic regulation of the tourist industry in Surkhandarya region, identify sources of funding, create the most acceptable model of investment policy in this network
- Improving organizational structures for managing tourism networks
- Ensuring the alternative use of the natural and historical and cultural potential of tourism by dividing the territory of the Surkhandarya region into scientifically based parts.
- Development of engineering, communication and social infiratuzulma system of territories and service and services;
- Introduction of a unified transport system in districts and cities in the surkhandarya region, intensifying types of transport, launching daily transport routes across areas with high tourist capacity.
- To assist individuals desiring to benefit the worldwide work of Jehovah's Witnesses through some form of charitable giving, a brochure entitled Charitable Planning to Benefit Kingdom Service Worldwide has been prepared.
- In cooperation with tourism experts, one inventive "tourist guide" has been prepared about the tashkent region, translated into all languages and distributed at a low price or, if possible, to foreign travel firms for free
- With interesting information about the historical archaeological treasures of the Surkhandarya region, prepare the photo album for publication in cooperation with tourism experts (with their ideas) and publish it in various languages at a high quality. Its cost should not be expensive, and all bookstores and tourists in Uzbekistan will be able to sell in visiting stores.
- It would be appropriate if the most beautiful and orderly household, street, neighborhood, village, district, and city of the year were announced throughout the province of Surkhandarya and annually provided with material support.
- A special mobile app would be a bright light on the light if it contained information about the creation of a virtual world of existing tourist attractions in 3D and other pharmacies in the province of Surxondary, as well as about our national holidays being organized in the region.



Over the years, the emphasis on promoting nature has become an important factor in the expansion of the ranks of foreign naturalists coming to our country. To assist individuals desiring to benefit the worldwide work of Jehovah's Witnesses through some form of charitable giving, a brochure entitled Charitable Planning to Benefit Kingdom Service Worldwide has been prepared. The above-mentioned proposals for the unforgettable use of all the opportunities available in the Tashkent region would be more incompattable. Tourism is well-developed in developed countries, and the large influx of tourists allows industry facilities to operate at full capacity and compete in price. Such reforms aimed at improving tourism in our country, including making the most of the affordable and natural opportunities that are not employed in the regions, will certainly bear fruit.

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